

NEWSLETTER

COMING EVENTS

For the most recent list of coming competitions, please check Archery OSA website

<https://archeryosa.com/>

SEPTEMBER

Saturday 26th

DAVID NEITHE & GUESTS PERFORMANCE SEMINAR

AUCKLAND

See information in this newsletter for more details

Some spaces are still available - book online on Archery OSA

Please note that if Auckland Covid levels do not change, this seminar will be moved online

OCTOBER

Thursday 1st

2020 -2021 Archery NZ Membership year begins

AUCKLAND

Please renew your membership for the new year



FROM THE CHAIR

TĒNĀ KOUTOU E TE WHĀNAU



This has been a challenging year for everyone.

It's been challenging for clubs and for individual archers as we all come to terms with the 'new normal'. It's gratifying to see athletes throughout the country, and offshore, investing in a positive future by developing their own training programmes to ensure that, when opportunities become available later in the year, they are ready to grab these and to run with them.

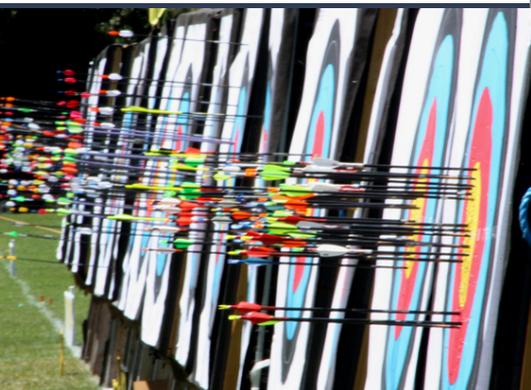
It's also been a challenging year for the Archery New Zealand Board with a constantly changing international landscape presenting considerable challenges. Our relationships with World Archery and World Archery Oceania are strong and we participate regularly in online seminars with both which are greatly appreciated.

We are conscious of the need to ensure that we truly reflect the demographic make-up of our membership and to this end we are developing partnerships with our diverse communities through the work of World Archery Oceania and Auckland Council's 'Southern Initiative'. The goal is to open our sport up to a new membership demographic through well-resourced archery programmes, initially in schools.

Our first ever online seminar was both popular and successful and, despite Auckland's move to Level Three requiring significant changes to the original plan, the seminar was well attended. Special thanks to Richie Patterson for his classy presentation, to Cushla and Lisa for putting it all together and to World Archery Oceania for sharing their Zoom capability. Still to come are sessions at AUT Millennium High Performance Centre where we get to share, in person, the knowledge of mental management guru David Niethe. More to come about the extended line-up for this event.

Our plan is to expand our online capability to provide further regular workshops and training seminars. Thanks to those who attended and returned the evaluation form as this enables our seminar management team to balance our capability with your stated needs.

It's great to see so many tournaments listed on Archery OSA. I encourage you to register quickly because the lines are filling up for most of these events. Special thanks to clubs for being 'shovel ready' with tournaments so quickly after lockdown.



COMING EVENTS

OCTOBER

Saturday 3rd

Sunday 4th

Archery NZ Indoor Challenge

AUCKLAND & CAMBRIDGE

Regsiter on Archery OSA

Monday 5th -

Wednesday 21st

World Archery Coaching Course - Level 2

Pre- course preparation commences

Thursday 22nd

World Archery Coaching Course - Level 2

Online session 1

Thursday 29th

World Archery Coaching Course - Level 2

Online session 2

I'm especially pleased with how our subcommittee system is working. Having specialist expertise feeding into board decision-making makes governance so much easier. The challenge is always to separate governance from operational activities and the subcommittee structure enables the board to focus on policy, direction and strategic planning while remaining connected to the operational needs of the organisation.

Thanks also to our board members who give up many hours each week to ensure that we do more than 'tread water' but continue to enable Archery New Zealand to evolve and develop to benefit all of our members. The board has worked conscientiously to develop a new draft constitution that aligns with the New Zealand Law Society's draft legislative recommendations to be enacted sometime soon in the parliament. As those of you who have been involved in writing constitutions you will know how exacting this task is. Special thanks to Dr Sier Vermont who chairs the Governance subcommittee for his tireless work and to our Life Members and clubs for their invaluable input.

Last of all, thanks to you for keeping the faith. Change is always a challenge and never more-so than now. I'm excited by the future, and the way in which Archery New Zealand is preparing itself to benefit all members from the opportunities presenting through this 'new normal'.

Stay well, be kind, look after each other, mask up, social distance, and horoia o ringa ringa (wash your hands).

Ngā manaakitanga,

Lexie Matheson ONZM, Acting Chair.



MAJOR EVENTS UPDATE

ARCHERY NZ INDOOR CHALLENGE

For the last few months, the events team have been seeking to organise the Indoor National Championships in a multi-venue format, in a landscape of changing Covid alert levels. We recently received notice that one of the three proposed venue hosts would be unable to participate for reasons outside their immediate control. This has left us with two host clubs in Mountain Green and River Glade Archers, and while these host clubs are still supportive of the event, the limited entry places available at each venue, short notice, lack of geographic diversity in venues, and relatively expensive air fares due to Covid-19 have left us to regretfully advise the event will not be able to be recognised as the Indoor Nationals Championships. Any National Championships need to be a fair playing field decided by the best archers competing, and while we expect some good competition, we aren't able to provide that fair playing field for archers nationwide. Instead, with the continued support of the two host clubs, we are pleased to present the Archery NZ Indoor Challenge, held **3-4 October 2020**. Archers will compete over two WA18m rounds. Archers will be able to compete on either the Saturday or Sunday. This event will be going live on ArcheryOSA very shortly. There are limited places available, however, so get in quickly!



COMING EVENTS

NOVEMBER

Thursday 5th

World Archery Coaching Course - Level 2

Online session 3

Saturday 7th

Sunday 8th

World Archery Coaching Course - Level 2

Practical Extension Coaching
Auckland

Please note that this event will be dependent on Covid levels at this time.

MAJOR EVENTS UPDATE

CLUB PREMIER EVENTS SURVEY

To consult with clubs around premier events and events management in general, Archery NZ sent out a survey to all Archery NZ clubs. We were fortunate to receive constructive responses from 22 clubs. We appreciate the detailed feedback provided by clubs, and are considering all feedback offered.

There were some common items raised, so as well as contacting individual clubs for a few bespoke items raised, we are providing responses to the common themes to all clubs. A summary of the survey feedback and responses is being published to the Archery NZ website for all members to view. I am very thankful to so many clubs for

participating, and we look forward to further developing partnerships with the clubs' events managers.



MAJOR EVENTS UPDATE

OUTDOOR NATIONALS - BID INFORMATION

The events team is preparing the bid documents for the Outdoor National Championships for the next couple of years, and shortly after that the Indoor National Championships for the next couple of years. Please expect to see these distributed in the next couple of weeks. We will welcome bids from clubs, groups of clubs or districts - please consider bidding for these events so that we can put on a great event for the athletes. Please contact Andrew Russell, andrew@russellnz.net if you would like to discuss this further

HIGH PERFORMANCE UPDATE

SEMINAR UPDATE

Unfortunately Covid forced the postponement of our High Performance Seminar with **David Niethe, Mental Performance Coach**. We were thrilled that **Richie Patterson** was able to do a short presentation with us online on the original date and thank you to those that joined us at that event. David feels his audience gains more from a face to face presentation so we have reschedule his session and will be bringing along some other guests however this will be dependent on COVID levels. If the Auckland Levels do not reduce, we will move this event online and communicate this directly with booked participants.

Our reschedule event will take place as follows

Date: Saturday 26th September (COVID levels permitting)

Time: 10am - 4.30pm

Venue: Finish Line Room,
AUT Millennium, 17 Antares Pl,
Rosedale, Auckland

Cost: \$35pp ANZ members
\$50pp Non ANZ members

Lunch included.



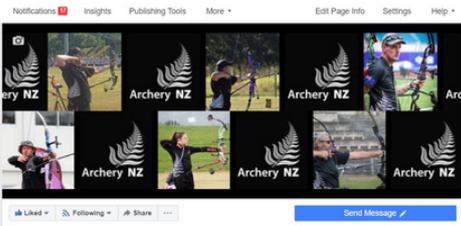
If you previously registered for this event, your registration has been carried over to this date unless you have advised us otherwise. There are a limited places left so if you would like to attend please register online at **ArcheryOSA**. Any questions about this event can be directed to administration@archerynz.co.nz

Outside of Auckland? Don't worry we are finding the best speakers to bring to different parts of the country, stay tuned for more information.

WORLD ARCHERY COACHING COURSE - LEVEL 2

STAY UP TO DATE

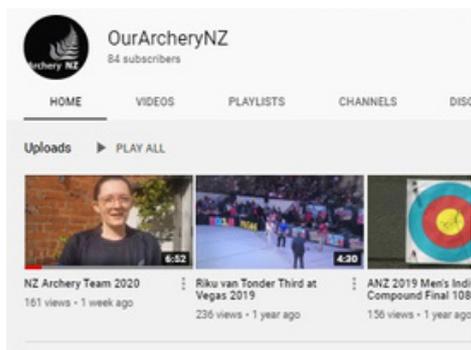
FACEBOOK



Need more of an archery fix? Archery NZ Facebook page has regular updates of what is happening both locally and internationally. We also love to share what is happening in the local archery community so feel to contribute either by sending us a message on Facebook messenger or emailing webmaster@archerynz.co.nz

MEET THE 2020 NZ TEAM

It hasn't been an easy year for our National team with international competitions being cancelled and not idea when things will start up again. These archers continue to train and keep their skills sharp ready for a return to elite level competition at a moments notice. Many of the team took time out of their schedules to share what the year has been like for them. This video is viewable on the Archery YouTube page - OurArchery NZ. Go on and give them a like to show your support.



Calling all coaches - upgrade your skills now. Join other coaches from around Oceania for this online coaching course.

Registrations NOW OPEN

The programme has been redesigned to allow you to increase your coaching skills with an online study programme consisting of weekly video sessions so that you can gain a coaching qualification from the comfort of your own home. Join World Archery coaching experts Pascal Colmaire and James Park. who are presenting this course for this one off coaching experience.

World Archery has developed this course for coaches working with or whom aspire to work with archers who are at the National team level of our sport.

The topics that will be covered are:

- Archery anatomy
- Warm up and physical conditioning
- Recurve shooting form
- Recurve equipment
- Compound shooting form
- Coaching methods during practice and competition, psychological
- Video assessment



including techniques

The online programme requires a commitment of up to 6 hours of self-study each week and commitment to 3 x 3 hours video conference session. You will be asked to record footage of yourself or your archer which can be sent to the presenters for assessment and discussion.

World Archery level 1 coaching and World Anti Doping Agency online tests are included in this course with those passing also receiving certification for these courses.

Cost of the online course is \$45 per person.

If Auckland COVID level restrictions allow, there will be a weekend workshop held on 7 & 8 November. This is in addition to the online training and for those able to attend, it will provide a practical extension of the course learning. Please note in your registration if you are interested in attending this additional weekend workshop.

DON'T DELAY - REGISTER YOUR PLACE NOW

To register for this course please send a brief biography of your coaching experience to administration@archerynz.co.nz before the 25th September. Places are limited and preference will be given to Archery NZ members who hold World Archery or Archery NZ coaching qualifications.

NEW SUB COMMITTEE MEMBERS

The High-Performance Subcommittee has expanded to include two very experienced and respected members of our archery community - **Dale Lightfood** and **Dave Henshaw**.

Both Dale and Dave are very well known in the archery community and have extensive experience that we believe will be a valuable asset to today's high performance archers.

Dale is a former Olympic Archer who represented New Zealand in the 1984 Los Angeles Olympics. You can read more about Dale in this article from Archer Magazine <https://magazine.archerynz.co.nz/issue-534/>

Dave is the current president of Christchurch Archery Club but is most well known in archery circles as the coach of archery greats and Olympic archers Neroli Fairhall and Ken Uprichard.

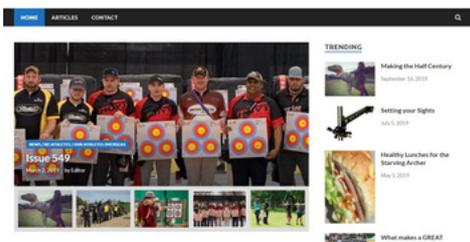
Having this kind of High-Performance archery pedigree to guide the sub committee is extremely exciting and will help the subcommittee to put in place best practise to support our elite archers. The focus of the High-Performance subcommittee over the coming months will be creating and implementing a high performance plan to assist archers to perform to the best of their ability.



STAY UP TO DATE

ARCHER MAGAZINE

Did you know that our wonderful NZ Archer magazine is still able to be viewed? While no longer in production the vast amount of useful articles and information about our archers are still viewable online - <https://magazine.archerynz.co.nz/>



MEMBERSHIP FEES

Archery NZ membership fees for the 2020 /2021 year become due on the 1st October 2020. Your membership will need to be renewed to enter any tournaments from October 2020 onwards. Details about how to renew your membership will be available on TidyHQ and our website in coming weeks.

We understand that this year has been financially challenging for many members, if you should have any issues paying your membership and would like to discuss a payment plan please email gm@archerynz.co.nz for a confidential discussion.

CONTACT US

Feel free to contact us at any time adminsitratio@archerynz.co.nz

REGISTRAR UPDATE

HOW TO REGISTER A TOURNAMENT

Here is the process for clubs to follow to register a tournament. More details on this process can be found on the Archery NZ website www.archerynz.co.nz

1] Clubs lodge a Tournament Registration Form found online with Tournament Registrar with the following details;

- a) Name, dates, and venue of the tournament
- b) Rounds to be shot
- c) Major or World Archery (WA) registered tournament
- d) Payment of WA fee if World Archery registered
- e) Register Major or WA tournaments at least 2 months before tournament date
- f) Name and contact details of the tournament organiser
- g) Committee members
- h) DOS and up to 3 judges who must be current financial members of Archery NZ.

2] Once the request is approved, and the information provided has been checked the Club can then send the official Entry Form to ArcheryOSA.